

PYMBLE GROVE HEALTH CENTRE

NEW PATIENT – LYME DISEASE DR PETER DOBIE

Please complete the attached questionnaire and bring it with you to the first consultation.

The questionnaire refers to current symptoms.

Please also bring;

- a written summary of current and previous medical problems
 - a summary of any previous treatment for Lyme disease
- copies that you can leave with us of any previous blood tests for Lyme disease
 - any other blood tests you have done in the last 12 months.

LYME HEALTH QUESTIONNAIRE / DR PETER DOBIE

Name:		Date of Birth:
Date questionnaire completed:		Next to each question: Put + for mild Put ++ for moderate Put +++ for severe
CN		
1	phantom smells	
1	loss of smell	
2	loss of any part of vision	
2	Floaters (black spots that float in front of the eyes)	
2	difficulty focusing with small print	
2	loss of night vision	
3	dilated pupil/s	
3	double vision on looking upwards	
3	double vision on looking downwards	
4	double vision on looking sideways	
6	buzzing in the legs	
5	facial pain	
5	taste changes	

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5	dental pain	
5	jaw pain	
7	facial paralysis (Bell's Palsy)	
7	facial muscle weakness or muscle twitching	
8	loss of hearing	
8	sensitive to loud noises	
8	tinnitus (ringing in the ears)	
8	vertigo (dizziness)	
8	poor balance	
9	difficulty swallowing	
9	frequent sore throat	
9	dry mouth	
9	biting tongue	
10	pain around the throat	
10	Slurred speech	
10	mispronunciation	
10	rapid or irregular heartbeat	
10	feeling faint	
11	difficulty shrugging shoulders	
12	difficulty with tongue movements	

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	fevers at night	
	saturated bed clothing from sweating	
	chest wall pain	
	sternum central chest pain	
	shortness of breath	
	air hunger	
	headache at the top of the head or crown	
	dark urine	
	cough chronic and dry	
	excessive bruising	
	vivid dreaming	
	<u>small joint pains</u>	
	<i><u>fevers in morning</u></i>	
	<i><u>tender lumps under skin</u></i>	
	<i><u>electric shocks in limbs</u></i>	
	<i><u>skin stretch marks</u></i>	
	<i><u>swollen glands – particularly neck</u></i>	
	<i><u>ice-pick headaches</u></i>	
	<i><u>irritability</u></i>	

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	<u>anger outbursts</u>	
	<u>pain or soreness soles feet getting out of bed</u>	
	headache	
	"brain fog" (difficulty thinking clearly)	
	poor concentration	
	poor memory	
	fatigue	
	creaking or stiffness of neck	
	muscle pain	
	muscle spasms- usually with twitching	
	muscle cramps	
	headache worse with jolting or coughing	
	eye pain on movement	
	sensitivity to bright light	
	poor tolerance of alcohol	
	fevers in the afternoon	
	abdominal pain	
	irregular or painful periods	

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	feeling of pins and needles	
	visual difficulties	
	word block (difficulty thinking of the right word to say)	
	motion sickness	
	gait disturbance	
	congestion in the head	
	pain large joints	
	pain in genitals	
	bladder irritability or dysfunction	
	erectile dysfunction	
	pelvic pain or cramps	
	constipation	
	diarrhoea	
	tremor	
	confusion	
	difficulty with concentration, reading	
	disorientation - getting lost, poor sense of direction	
	poor short term memory	
	mood changes	

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	early morning waking	
	anxiety	
	depression	
	panic	
	insomnia	
	anger issues	